

General Rules for T-Ball, Minor & Major Baseball & Softball, and Junior Softball

1. Concession Stand. Each team in the baseball and softball divisions of T-Ball through Majors (includes Junior Softball) will be assigned a minimum of three Concession stand shifts throughout the season. For each shift, the team will be required to provide three volunteers. All volunteers are required to be at least 14 years of age. No more than one person between the ages of 14 and 21 will be permitted in the concession stand. No one under 14 will be permitted in the concession stand.
2. Game Duration.
 - a. T Ball – The game shall end at the sooner of six complete innings of play or 75 minutes from its scheduled start time.
 - b. Minor Baseball and Softball (Rookie, Farm and AAA Divisions). The game shall end at the sooner of six complete innings or two hours from its scheduled star time, whichever comes first.
 - c. Major Baseball and Softball & Junior Softball.
 - i. **A game scheduled on the same field to follow:** To ensure the next game is able to start on time no new inning start after 2 hours from the scheduled start time. All games shall be stopped at 2 ¼ hours. If the game is tied after completing a full inning and the time limit has been reached it will be resumed at a later time according to the Little League rulebook. If the inning is not complete when the time limit is reached, the game score shall revert to the last completed inning to determine the winner.
 - ii. **A game scheduled as the final game of the evening on the field:** To ensure compliance with Lynnwood Municipal City Code and field light timers, no new inning shall start after 2 hours from its scheduled start time and play must be stopped the sooner of 2 ½ hours or the scheduled field light shut off time as noted in 3 below. as follows:
3. Field Lights. Field lights on Fields 1 and 2 will shut off at 9:45 PM and Field 3 will shut off at 9:15 PM to a level to allow safe exit of players and coaches, and maintenance of the field. Games stopped as a result, will be resolved/resumed in accordance with rule 2c above.
4. Game Preparation. The home team will be responsible to place the bases, line the field (base paths and foul lines, batters boxes, coach's boxes, and pitching circle for Softball). The home team is responsible for keeping the official score book and pitch count (Farm Division and up Baseball only).
5. Game Conclusion. Both teams will be responsible for raking the field, picking up the garbage and litter in the dugouts, emptying dugout garbage cans, emptying bleacher garbage cans after the game.
6. Player and Volunteer Appearance. Upon entering the field all players will be in full uniform and the uniform will be worn properly. Managers and coaches will wear their league issued team hats AND ID BADGE. Managers and coaches may not wear running shorts, cut offs, spandex or bicycle shorts, or tank tops. Players are not allowed to wear shorts or tank tops at practice or games. Team uniforms and hats shall not be purposely defaced, torn, or ruined. **Names, logos or other alterations to the League issued uniform are not permitted without the written authorization of the Board of Directors of Alderwood Little League.**
7. Player Agent. Discipline of players (e.g. non attendance, behavior matters, etc.) must be referred by the team manager to the Player Agent (playeragent@alderwoodll.org).
8. Safety Rules.
 - a. No one is allowed directly behind the backstop during a game, at any field. No one is permitted outside the designated seating areas on field 1.
 - b. No adult may warm up a pitcher at any time; it must be a teammate. The player warming up a pitcher must wear, at a minimum, a catcher's mask, and a protective cup for male players. If a pitcher is being warmed up in an area within the confines of the playing field, there must be a teammate (called a spotter) positioned between the warm up area and home plate. The "spotter" will wear a batting helmet and a baseball glove and remain facing home plate at all times.
 - c. There are no on deck batters allowed in the major division and below. **Players are NOT permitted to swing a bat until they step into the batters box.**
 - d. At NO time is any parent or adult volunteer permitted on the field of play for purposes of taking pictures.
9. Player Rules.
 - a. The home team will use the third base dugout.
 - b. During a time-out, a manager or coach shall not leave the dugout or designated area except to confer with a player or umpire, and only after receiving permission from an umpire.
 - c. During a game, no player, manager, or coach is allowed to leave the field to go to the concession stand. No sunflower seeds or any other food is allowed in the dugout or on the field. Chewing gum or bubble gum will be allowed in reasonable and safe amounts. Water and/or sports drinks in non-breakable containers will be allowed in the dugout.
 - d. The manager and coaches are responsible for the overall team conduct and behavior. Profanity, fighting, disrespectful cheers, etc., will not be tolerated. Throwing of equipment by any player, manager, or coach, in anger or an unsafe manner will be cause for immediate ejection, and subject to further sanctions as determined by the Alderwood Little League Board of Directors.
 - e. Protests may be filed in the Major Divisions and above only.
 - f. Drug, alcohol, and tobacco use is prohibited on all playing fields and school district properties.
 - g. Cell phones will be permitted on playing fields or in dugouts during games. However, they may only be used in the event of an emergency. In the event of an emergency, dial 911. The Alderwood Little League play fields are located at 19711 24th Avenue W, Lynnwood.