



Concussion & Sudden Cardiac Arrest Awareness Form

Safety is paramount to the families and players at Alderwood Little League.

With this in mind it is important that we do as much as possible to create and maintain an enjoyable and safe environment. As a parent/guardian or player you play a vital role in protecting participants and helping them get the best from sport.

Player and parental education in this area is crucial which is the reason for the Concussion Information Form and Sudden Cardiac Arrest Awareness handouts that are made available as part of the on-line registration process (and can also be found at http://www.alderwoodll.com/safety_concussion_suddencardiacarrest). Refer to it regularly.

This form must be signed annually by the parent/guardian and player prior to participation in Alderwood Little League Activities. If you have questions regarding any of the information provided in the pamphlet, please contact playball@alderwoodll.com.

I HAVE RECEIVED, READ AND UNDERSTAND THE INFORMATION PRESENTED IN THE CONCUSSION RECOGNITION AND SUDDEN CARDIAC ARREST AWARENESS INFORMATION.

Player Name (Printed) *Player Name (Signed)* *Date*

Parent Name (Printed) *Parent Name (Signed)* *Date*

This form is signed to assist with compliance with Zackery Lystedt Law (HB 1824) and the Sudden Cardiac Arrest Awareness Act (SB 5083).